



Community Christian Riders Newsletter

A ministry of Community Christian Church

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Message from the Group Leader

CCR Riders and Friends,

May 2007

A Month in the Life:

Charity rides, Overhauling, work, small group, crisp mornings, no rain, road trips, yard work, Mother's Day, commitments, church, more work, youth sports, deadlines, serving, plan those summer rides, squeeze in a work out, still no rain, another small group season ends, family time, got to keep those flowers watered, Memorial Day, work, school is out, friends.



God's Way:

Forgiveness, pray to, growth, relationships, spirituality, grace, tithing, Bible, Christ like, thankfulness, kindness, pray for, love, giving, blessed, humble, gifts, charity.

I never really thought about it before but there's a lot going on in May. Maybe my life is not that much different from yours. We all have our own unique on going list of things that enrich and distract us. Our challenge is keeping an eye on the important things in life. We must constantly ask the question, who's twisting the throttle or sitting on the throne of our life?

Sometimes you've just got to make your list, check it against His list, then kick the other stuff to the curb.

God Bless

CCR meets the 1st Tuesday of every month at Partners II Pizza in Summer Grove at 7pm.



May Meeting Notes... by Jimmy DePlasita

Ride Coordinators Report (Jimmy DePlasita)

The next Meet and Eat will be May 17th location to be decided by Elsie and Ken Wolf.

We are supporting ABATE on a Benefit Ride for the Welcome House / Children of Domestic Violence on April 29th.

The next scheduled ride will be our overnight ride to Chattanooga on May 19th-20th, departing from QT on 34 at 9am. Come ready to go.

Please Send Ride Suggestions to Jimmy DePlasita at Crazyfroghd@bellsouth.net

Public Relations & Apparel Committee (Lewis Cramer & Elsie Wolf)

Lewis reported that we will serve in Church Second Sunday Second Service.

We are planning to put in an order for shirts if anyone is interested contact Lewis so we can order one time. Elsie also announced the birthdays and anniversaries for the month past and present. Happy Birthday and Happy Anniversary. You know who you are.

Please contact Lewis for details or fill out one of the new order forms for shirts.

Prison Ministry Report (Tracey Jenkins)

The Great Weekend in Atlanta was April 13 and 14. It was a Great Turn Out and many souls were saved. The next closest local event is Birmingham on August 4th.

Newsletter Editor Report (Ken Wolf)

Ken reported that Committee Chairs should forward scheduled rides and events to Ken to be placed in the newsletter or on the calendar page. The newsletter should be available at the Church through Grand Central. New flyers will be produced and distributed to local motorcycle shops. Items to be put into newsletter are due by

May 9th, 2007. We now have a Classified Section and a Recipe Section.

Safety Report (Ken Wolf)

Ken did a little of a review the books used in some of his classes and where to obtain them.

Check newsletter for safety tips and advice)

CMA Update (Sam Connor)

Run for the Sun donations are being taken. A list of upcoming CMA events was passed out.

General Business (Mark Jenkins)

Mark went over some of the up and coming rides.

Angel Food Box to be purchased once a month if possible and delivered to the needy or donated to the Church to give out.

Many Charity Rides available, We will try to post the ones we can.

New rides for June, July, and August published soon.

Next Meeting:

Tuesday, June 5th, 2007

An E-mail will be sent.

7:00 p.m. – 8:30 p.m.

Partners II Pizza, Summer Grove – Newnan, GA.



Safety: What Makes a Motorcycle Turn?... by Ken Wolf

There are several forces that tend to keep a motorcycle upright while moving. The front end's trail (which is the distance between the steering pivot point and where the wheel actually hits the ground) provides a castering force which keeps the front wheel pointing straight forward. The rotating wheels are big gyroscopes, which try to stay upright and keep the motorcycle in balance. If you started your motorcycle rolling on a straight road without a rider, it wouldn't fall over until it ran out of speed or hit something.

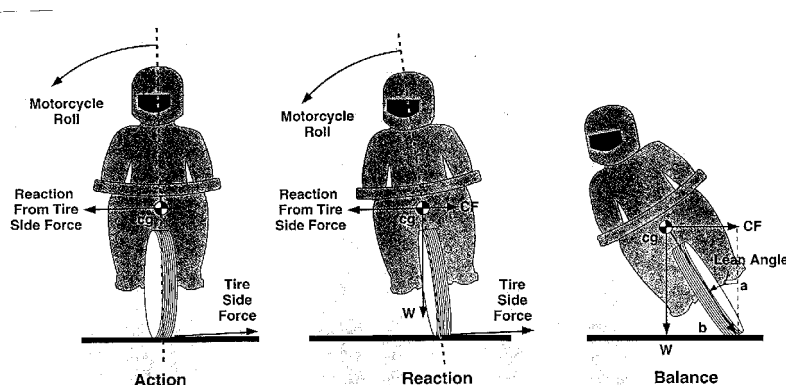
The two rider-control inputs that make a motorcycle turn are weight shifts and steering. If you are traveling in a straight line at 60 MPH and lean your body to one side or another without turning the handlebars, the motorcycle will begin to slowly lean in that direction. You are only a small fraction of the moving mass, and the maximum distance that you can displace the center of gravity by shifting around is quite small. If weight shifts were the primary input to turning at high speed, cornering on a motorcycle would be difficult indeed!

A motorcycle must lean to turn when it is moving even at slow speeds. The real task involved in getting a motorcycle to turn is to get it to lean. The turning happens as a result of the lean angle. Counter-steering is the term we use to identify the principal technique for maintaining balance and for controlling motorcycle lean angle. Try to imagine riding at 40 MPH in a straight line on a huge parking lot. Now turn the handlebars slightly to the left. The motorcycle's front-tire contact patch will immediately start steering to the left, but what about everything else? The motorcycle wants to continue in a straight line; it has momentum. Steering the tire to the left will try to roll the entire motorcycle about the

center of gravity, which results in a lean to the right. This lean creates side thrust and, aided by steering trail, immediately turns the front wheel to the right to make a right turn. The turning forces are created by the motorcycle's lean without any significant additional rider input. It's that simple! See the illustration below.



When you turn the handlebars to the left (counterclockwise, looking from the rider's perspective), the motorcycle's front tire momentarily steers to the left, producing a side force at the contact patch, as shown in "Action". If the rider maintains pressure on the handgrip, the tire side force and the motorcycle's weight will work together to continue to lean the motorcycle even more, as shown in "Reaction". As the motorcycle begins to lean, steering trail immediately forces the front wheel back to the rider's right to follow the turn that has been initiated. Finally, when steering pressure is relaxed, the lean angle will stabilize at the point where the centrifugal force and weight arrive at a standoff, as shown by "Balance".

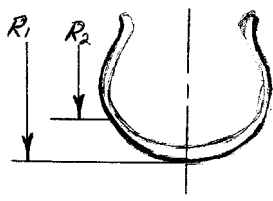


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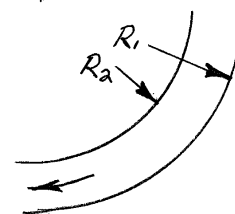
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In summary, countersteering is essentially nothing more than using steering inputs to produce forces that efficiently and easily initiate a change in lean angle. It is more effective and quicker than shifting rider weight because of the greater rolling moments that small steering inputs produce.

One of the forces that actually causes a motorcycle to turn is called **camber thrust**. Camber thrust is a side force due to tire lean. A cross-section of your tires would show that they are rounded with the outside edges actually having a smaller radius (R_2) than the center portion (R_1).



In a lean, the contact patch has a smaller radius on the inside than on the outside. The rolling tire can be likened to a Styrofoam cup rolled across a table. If you try to roll the cup in a straight line, you won't have much luck. That is because the cone shape is thin at one end. Each rotation of the thin end will travel less distance than a rotation at the thick end. Since the thin end is traveling slower, the cone turns. The sides of your leaning motorcycle's tires travel along the road slower than the center in the same way. This camber-generated force combines with your steering angle to make your motorcycle turn when you are in a lean.



When we ride we utilize counter-steering without even realizing it. It is the only way to control the motorcycle. However, in an emergency situation, even an experienced rider may turn to steer away from an obstacle in his path. This is what we do when driving a car, turn right to go right. But on a motorcycle we must steer left to go right. In the example above, by steering away from the obstacle, the rider may actually turn his bike into it. So remember: **“Push left, turn left. Push right, turn right.”** Repeat this to yourself while you ride. Once you get the hang of it, counter-steering will become instinctive – your body probably knows how to do it, it's just your mind that is lagging. Understanding the principles behind counter-steering will make you smoother and give you a better feeling of control over your environment. It may also save your life. Like any safety technique, it only works if you practice it. Unless the action is second nature, you will return to your old habits during an emergency. So, practice, practice, practice.

The information presented here was taken primarily from two sources: The Motorcycle Safety Foundation's Guide to Motorcycling Excellence and Mark Yager's Safety Bits.



ATTENTION !!!! FREE GIFT OFFER!!!!

By Tracey Jenkins

BestBuy is giving away free 32 inch Plasma TV's to the first 100 people that walk through their doors on June 31, 2007!!! But don't tell anyone because we don't want everyone else to find out about this amazing gift!!!

Have you ever heard about an unbelievable deal\$\$, read a great book or seen an amazing movie that you just couldn't wait to tell all of your friends about? Of course you have, we all have. Do you remember feeling that excitement of knowing that you were going to share something with them that would either give them great enjoyment or improve their quality of life? Then, how good it feels when they tell you, "Hey, I saw that movie and you were right, it was great!" or "I tried that new diet you told me about and lost 20 lbs in one week!"...OK, maybe that's stretching it a little, but you get my point, right?

So what is keeping you from telling your family, friends and anyone else you know about the greatest news, the best story, the most amazing free gift ever offered? Well, I am sure we could each come up with several reasons why we couldn't possibly talk to them about *that*. So are we saying that it is more important to tell them about a great movie than a great eternity? I know, I know...It's not as

easy. Well, riding a bicycle wasn't easy the first time either but with practice you soon were able to do it without even thinking about it. Because you really wanted to ride that bike! The bottom line is..... if *it* is important enough to you, you'll find a way to do *it* whatever *it* is.

"But what if they reject me?"...well, can you think of anything more worth the saying "Well, at least you tried"? What if the person, that told you about the greatest gift of eternal life with our Heavenly Father, was afraid that you would reject them and therefore never told you? Where would your life be right now? Aren't you grateful that they didn't let fear or pride or business, control them?

So.....Find the courage and the will to.... Identify the need. To overcome the doubt, fear and pride. Then start spreading the News! Come on, *It's* too good to not share!

And if that is not enough.....think of what it would be like to have someone come up to you in Heaven someday and say, "I am here because of what you shared with me." It couldn't get any better than that.

Did you know...

A short metal cable with loops on both ends (like those made to keep people from stealing bicycles) is perfect for securing a jacket and helmet to your bike's helmet lock.

Let's Eat! Favorite Recipes



I got this recipe from Patty Powers. It's too easy, so fast and great for spring/summer.... Tracey Jenkins

Patty's Fruit Salad

Mix together....

Tropical Fruit Mix (Delmonte canned) – Drain well

Sliced Bananas

Vanilla Yogurt –enough to coat well. You can use reg., low fat or fat free

Granola Cereal –clustered type, sprinkled generously over the top

That's it! I told you it was easy



Birthdays

John Hiers	May 23rd
Chad Arceneaux	May 26th
Carol Zamboni	Jun 2nd
Greg Peters	Jun 4th
Nora Maloy	Jun 6th
Mike Maurer	Jun 21st
Scott Hartz	Jun 27th



Anniversaries

Randy Rakestraw	Jun 3rd
Sam Conner	Jun 5th
Buddy & Patti Powers	Jun 10th
Vaughn & Bridgette Smith	Jun 21st



Monthly Dinner Rides

CCR will have a dinner ride on the 3rd Thursday of every month. Each month, a CCR member will be responsible for choosing a restaurant, making appropriate reservations, and notifying other CCR members of the details via e-mail.

These are social events to be held at local restaurants. We will ride our bikes when weather permits, but it is okay to come by car. The monthly dinner ride is intended to give us some additional social time together during the month and to provide us the opportunity to invite others to see what CCR is all about. So invite some of your motorcycling friends to come along with you and remember to wear your CCR shirts.

Interested in a MSF Rider Training Course?

Use the following link to find course locations and telephone numbers throughout Georgia.
<http://nm.msf-usa.org/msf/ridercourses.aspx?state=GA>

We Need Your Input

In order for this newsletter to remain interesting and informative, we need your contribution. If you have an article that you think would be of interest to other members, send it to me. Always wanted to be a writer? Try your hand at writing about your next ride or someplace you have visited. Share a favorite recipe or post an item for sale. Send a prayer request. Tell us what God is doing in your life. Or perhaps you would just like to share a humorous story. Remember, this is YOUR newsletter and it will only be as good as you make it.

Send your literary contributions to:
Ken Wolf
Newsletter Editor
kwolf44@bellsouth.net



Upcoming Events

Rides and Other Activities

- May 19th & 20th: Overnight/Day ride to Chattanooga/Little River Canyon
- June 3rd: Lunch ride to Bowdon after church
- June 16th: All day ride to Madison/Social Circle
- July 7th: Breakfast ride to LaGrange
- July 20, 21 & 22nd: Ride to the mountains of GA and NC
- August 4th: Breakfast ride (Location TBD)
- August 19th: Lunch ride after church (Location TBD)

Please feel free to call an impromptu ride.

Prison Ministry

New website for Champions for Life <http://billglasscfl.org>
Anyone that is interested in joining the Prison Committee...please contact Tracey.

Other Ride Suggestions We Are Looking At

- Macon Ga. Music Hall of fame other historic sites. (Day Ride)
- Cartersville to visit the Budweiser Plant. (Day Ride)
- Milledgeville Ga. (Day Ride)

We need ride suggestions from all, Day Rides, Overnight Rides, Meet and Eat Rides, or just a spur of the moment rides.

Ride Questions and Comments sent to crazyfroghd@bellsouth.net



2002 Honda
Magna V4



Call: Gary Ward at 770 652-3942



Our mission:

To reach those unconnected to Christ through a common interest in riding motorcycles, and together grow to full devotion to Him.

Community Christian Riders Web Site

<http://www.communitychristianriders.net/>

CCR welcomes all riders. You do not have to be a member of Community Christian Church or Community Christian Riders to participate. Come join us for fellowship and great riding.

Community Christian Church

1717 Highway 154, Sharpsburg, GA 30277

Phone # 770 251-9516

Email: general@community-christian.net

A Non-Denominational Community of Christians

If you're looking for a church where you're expected to get all dressed up in your 'Sunday Best', listen to 500 year-old organ music, have some preacher yell at you, and have everyone act holier than you, then you need to find another church!

Sunday Celebration Services



May 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 CCR May Meeting	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16 CCR Dinner Ride	17	18	19 Overnight Ride to Chat- tanooga/Little River Canyon
20	21	22	23	24	25	26
27	28	29	30	31		



June 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 Lunch ride to Bowdon	4	5 CCR June Meeting	6	7	8	9
10	11	12	13	14	15	16 All day ride to Madison/ Social Circle
17	18	19	20	21 CCR Dinner Ride	22	23
24	25	26	27	28	29	30